

## WHAT IS SENIOR CITIZEN SERVICES

SCS, a voluntary, non-profit agency incorporated in 1965, works with all interested groups and individuals to develop and coordinate programs to meet the needs of the elderly in the Metropolitan Atlanta area.

# HOW DOES IT FUNCTION

SCS has a Board of Trustees composed of community leaders representing Fulton, DeKalb, Clayton, Gwinnett and Cobb counties. A professional advisory committee consults and makes recommendations to the Board of Trustees and staff. An advisory council of agencies serves as a clearing house and a means of education for everyone concerned with the problems and opportunities associated with aging.

#### WHAT ARE THE OBJECTIVES

In addition to assessing problems and developing needed resources, SCS acts as a central agency, providing consultation and referrals to churches, health and welfare agencies, and civic groups which may already have established programs or may wish to initiate new ones. SCS strives to integrate services for the elderly with those of other groups, and works continuously for wider understanding of the problems and potentials of aging citizens.

#### WHAT ARE ITS SPECIAL PROJECTS

Special projects already under way include: 1) Day Care Center. Provides a semi-protective environment during daytime hours and postpones full-time nursing home care; 2) Foster Grandparent Employment; 3) Operation and staffing of programs in three high rise apartment units constructed by the Atlanta Housing Authority. Known as Multi-Service Senior Centers, these include the John O. Chiles Homes, the Antoine Graves Homes and the Palmer House. 4) Senior Citizens Exchange. An information center and gift shop featuring articles created by senior citizens.

#### WHO FINANCES SCS

SCS is supported by funds from Economic Opportunity Atlanta, Inc.; the Georgia Commission on Aging through the Older Americans Act; private foundations; individual contributions.



Residents of the Antoine Graves Homes, and others living in the neighborhood, board SCS buses headed for grocery stores, doctors' offices, Grady Memorial Hospital Clinics and Surplus Commodity Distribution Centers.



The John O. Chiles Home is one of the three Multi-Service Senior Centers in Atlanta's low income areas. Residents and older persons living in nearby housing communities are taught new skills, assisted with personal problems, encouraged to use community resources, given health maintenance, and provided with opportunities to participate in wider community life.

## WHERE TO GET INFORMATION

#### **Central Office**

719 Glenn Building

120 Marietta Street, N.W. 577-3828 or 577-2474 Albert E. Horvath, Executive Director Mrs. Carolyn J. French, Foster Grandparent Project Director

Robert M. Murray, Jr., Research Project Director Cecil D. Rathel, Day Care Project Director

John O. Chiles Center 435 Ashby Street, S.W. 755-5771 Miss Gwen O'Neal, Program Director

Antoine Graves Center 126 Hilliard Street, S.E. 577-1793 Mrs. Naomi Ernst, Program Director

Palmer House Center 430 Techwood Drive, N.W. 873-3453 Mrs. Carolyn J. French, Acting Program Director

Senior Citizens Exchange 84 Linden Avenue, N.E. 876-2258



Nighttime view of the Palmer House, where multiple services are extended to the residents and to other senior citizens living in the adjacent Techwood-Clark Howell Homes.



A group of SCS officials and interested citizens examine a blueprint prior to completion of the Palmer House, last of the three Multi-Service Senior Centers to be constructed. Left to right: J. Ray Efird, Vice Chairman of the SCS Board of Trustees; Gilbert Boggs, Director of Housing for the Atlanta Housing Authority; John Izard, President of the SCS Board of Trustees; T. M. Alexander, Sr., Treasurer; Albert E. Horvath, Executive Director.

## WHAT IS THE ULTIMATE GOAL

Independence is the very touchstone of self respect and dignity for older persons. It is the measure they use for deciding their importance to others, and it is their source of strength for helping those around them. Good health, independence and freedom from poverty for persons of any age, but especially for the elderly, depend upon these necessities of daily living:

Adequate income
Satisfactory housing
Nutritious diet
Adequate rest
Sufficient exercise
Regular health checkups

Recreation Useful service Continuing education Citizen participation Friends Community leaders discuss needs and help develop programs for the elderly, working closely with church, civic, health, welfare and recreation agencies to assure coordination of services.



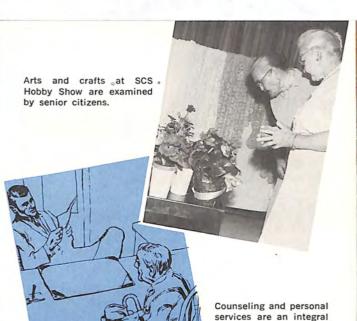
"We are trying to meet the needs of older people at the 'community' level", said one SCS official. "We want to give them a place to live, something to do, something to do with, someone to do for, and someone to care."



Vital information regarding needs and interests of the elderly is obtained from older persons themselves, as well as from representatives of agencies cooperating in the SCS program. Day Care is given to many who, though living in their own homes, require some degree of supervision. This phase of SCS effort provides personal, part-time care at Day Care Centers, relieves the pressing shortage of low-cost nursing home beds, and frees younger family members for productive employment.

Dr. Martin Luther King, Sr. congratulates a group of graduates from the first class to complete the educational course given at the Antoine Graves Center.

The Foster Grandparent Project provides employment to needy older persons able to offer affectionate care to institutionalized children up to 16 years of age. The project is designed to benefit both the old and young: the old by providing employment and the development of skills; the young by providing emotional satisfaction, the learning of social graces, and the development of self identity and self confidence. Counseling and personal services are an integral part of the SCS organization.





#### **BOARD OF TRUSTEES**

John Izard, Chairman J. Ray Efird, Vice Chairman Mrs. Cecil A. Alexander, Jr., Secretary T. M. Alexander, Sr., Treasurer Mrs Ola Bentley H. Grady Black, Jr. George T. Heery Dr. Ellen Finley Kiser Mrs. J. R. Simmons Mrs. Daisy Walker Rev. James L. Welden Dr J. Grant Wilmer Albert E. Horvath, SCS Executive Director



# SENIOR CITIZEN SERVICES OF METROPOLITAN ATLANTA, INCORPORATED

719 GLENN BUILDING ATLANTA, GEORGIA 30303 120 MARIETTA STREET, N.W. TELEPHONE 577-3828